



AFTERCARE ADVICE

Looking after your **Nail Enhancements**



We want you to be happy with your nail enhancements, we also want them to be long lasting and stay looking beautiful. We've put together some easy to follow steps to help you make this happen.

To get the best possible results from your nail treatment please follow the guidelines below.

GETTING USED TO YOUR NAIL ENHANCEMENTS

- Make sure you book regular infill appointments with your nail technician. It's a good idea to book a series of appointments at once, try to do the same time every 2-3 weeks.
- Don't bite or pick your nail enhancements, this can lead to weakening or breakage and can cause damage and thinning to your natural nails.
- If you notice your nail enhancement lifting, don't pull or pick at it, but don't ignore it. Contact us as soon as possible; your technician will decide if a repair is necessary.
- Nail enhancements may take some time getting used to. Gradually you will get into the habit of using your hands in a different way and the nail enhancements will start to feel as natural as your own nails.

AROUND THE HOUSE

- Wear rubber gloves when you wash up or clean. Detergents and solvents can be harmful to the natural nail plate.
- Treat your new nails with care, use them as jewels not tools! Car doors, washing machines, kitchen cupboards, ring-pulls and switches can all cause breakages.
- When wearing nail enhancements always avoid pulling backwards against the tips of the nails; this could cause injury or breakages. So don't pull your laundry out of the washing machine with your nails!



WHAT PRODUCTS SHOULD I USE ON MY NEW NAILS?

- It's important to use CND Solar Oil daily. It will keep them flexible, prolong their life and dramatically reduce the risk of breakage. *Solar Oil* is available to purchase at Duchess Lounge in a range of different sizes, it's just **£12.95** (15ml) for a bottle that will last 6 months! It's also a great idea to invest in a hand lotion that will nourish the skin and keeps hands hydrated, take a look through our fantastic range in salon.
- When removing nail enamel always use an approved non-acetone remover as recommended by your nail tech.
- If you need to remove your nail enhancements, you should return to the salon. Your nail technician will be able to remove the nail enhancements without damaging your natural nail.

DUCHESS LOUNGE Luxury Nail & Beauty Salon

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