



# AFTERCARE ADVICE

Looking after your **CND Shellac**

CND<sup>TM</sup> <sup>TM</sup>  
Shellac<sup>TM</sup>

We know you will absolutely LOVE your nails while you are wearing CND Shellac and we expect your nails to last flawlessly for 14+ days as long as you give them a little care and attention during that time.

To get the best possible results from your nail treatment please follow the guidelines below.

## GETTING USED TO CND SHELLAC

- Make sure you book regular re-shellac appointments with your nail technician. It's a good idea to book a series of appointments at once, try to do the same time every 2-3 weeks, dependant on how Shellac lasts for you.
- Don't pick, peel or bite your nails, this can cause damage and thinning to your natural nails.
- If you notice something you have done has caused a chip or lifted an edge of your Shellac, please DO NOT pick or pull at the area, as this will cause any damage to increase. Please contact us so that we can assess the nail and decide if a repair is necessary. Please note that repairs are chargeable.
- If you wish to temporarily change the colour of your nails in between appointments whilst wearing Shellac you can use traditional nail polish over the Shellac. Please ensure that you use an acetone free remover for removal of the polish as acetone will damage the Shellac system.
- CND Shellac may take some time getting used to in terms of the do's and dont's but if you treat them with care, keeping your nails perfect is nothing more than common sense. Gradually you will get into the habit of using your hands in a different way ensuring that you don't do anything that can cause chipping or lifting such as peeling sticky labels.



## AROUND THE HOUSE

- Shellac is pretty indestructible with normal wear and tear, if doing tough jobs like household cleaning and gardening please wear gloves, doing these things without protection can mar your Shellac service.
- Always wear gloves when doing dishes by hand as water and detergents will weaken the nail plate and dehydrate the skin.

More info overleaf...

**DUCHESS LOUNGE** Luxury Nail & Beauty Salon

01382 525 555 | 34-36 Claypotts Road, Broughty Ferry, Dundee DD5 1BS | [www.duchesslounge.com](http://www.duchesslounge.com)

Aftercare advice continued...

### HOLIDAYS

- When going on holiday please be careful when using sun tan lotions/oils or insect repellent solutions as many of these products contain solvent oils which will cause major damage to the Shellac colour coat.
- Some of the more delicate Shellac colours can fade somewhat if exposed to chlorinated water followed by excessive sun (remember that chlorine is a bleach and sun intensifies the bleaching action).
- Always rinse and dry your hands thoroughly after swimming in water with chlorine, especially before sunbathing to minimise any colour fading.

### CND SOLAR OIL & LOTION

- It is imperative to use Solar Oil at least once a day to replace lost moisture to your skin and nails. Massage it into your nails and surrounding skin. It will prolong the longevity of your shellac, improve the condition of your natural nails and will dramatically reduce the risk of breakage and chipping.
- *Solar Oil* is available to purchase at Duchess Lounge in a range of different sizes, it's just **£12.95** (15ml) for a bottle that will last 6 months! We even offer a re-fill service, saving you money! Regular use will substantially prolong the life of your manicure and keep your natural nails and the skin surrounding them healthy, moisturised and flexible.
- It's also a great idea to invest in a hand lotion that will nourish the skin and keeps hands hydrated, take a look through our fantastic range in salon..



### RE-SHELLAC & REMOVAL

- Shellac will need 2-3 weekly maintenance as there will be obvious re-growth. At this point we can 'Re-Shellac' your nails, removing existing Shellac and re-applying a fresh new colour after filing, shaping and cuticle work. CND Shellac is completely safe to professionally remove and re-do consistently with no 'break' and no 'rest' as long as the correct aftercare advice is followed. Remember! Your nails DO NOT breathe.
- We can remove the Shellac completely which takes a brief 5 minutes. We are proud to offer FREE CND Shellac removal at Duchess Lounge. Please Note: Incorrect removal at home is likely to damage the surface of your nails.
- Alternatively, if you are off on your travels or don't live local to the salon you can purchase a *CND Offy Fast Removal & Care Kit* for just **£12.95**. This kit contains all you need for proper and gentle removal.